



FORÇA

SH 2026

Catálogo com equipamentos de força, imagens da linha e informações para seleção técnica.

Conteúdo completo preservado

Todas as páginas internas seguem em formato premium padronizado.

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SH06D



Product details

Size (mm) : 2460*2500*2560

SH08C



Main Functions

- ❶ Free Squat rack * 1 set
- ❷ Pull-up Training * 1set
- ❸ 45° Climbing Training Station * 1 set
- ❹ Rope Hook * 2 sets
- ❺ Olympic bar placement area* 2 sets
- ❻ Hanging Bar * 6 sets

Product details

Size (mm) : 2600*1650*2500
N.W. (kg) : 230KG(This weight does not include the Olympic bar and barbell. If you need, please purchase it separately.)

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SH10A



Product details

Size (mm) : 2050*1680*2440

SH10

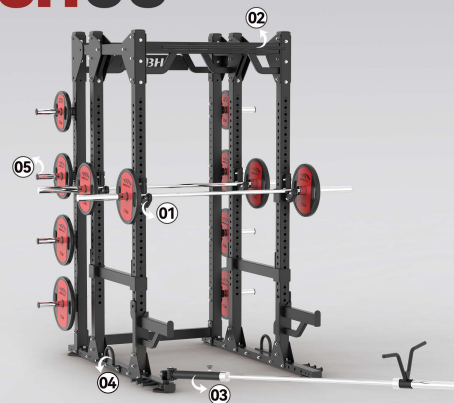


Product details

Size (mm) : 1900*1500*2450

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SH03



Main Functions

- ① Free Squat rack * 2 sets
- ② Pull-up Training * 1 set
- ③ Power rod * 2 sets
- ④ Rope Hook * 2 sets
- ⑤ Hanging Bar * 8 sets

Product details

Size (mm) : 1885*1935*2525
N.W. (kg) : 350KG(This weight does not include the Olympic bar and barbell.
If you need, please purchase it separately.)

SH04



Main Functions

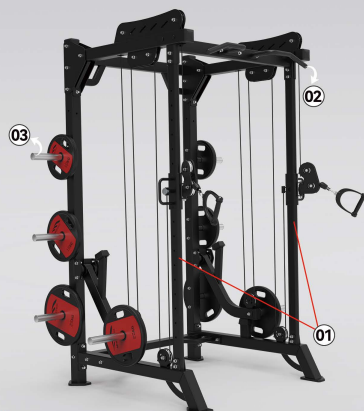
- ① Free Squat rack * 1 set
- ② Barbell Rack * 1 set
- ③ Storage Rack * 3 sets
- ④ Pull-up Training * 6 sets

Product details

Size (mm) : 1250*1770*2415
N.W. (kg) : 255KG(This weight does not include the Olympic bar and barbell.
If you need, please purchase it separately.)

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SH04G



Main Functions

- ① Crossover Cable
- ② Pull-up Training * 1 set
- ③ Hanging Bar * 6 sets

Product details

Size (mm) : 1350*1890*2435
N.W. (kg) : 240KG(This weight does not include the Olympic bar and barbell.
If you need, please purchase it separately.)

SH01A



Main Functions

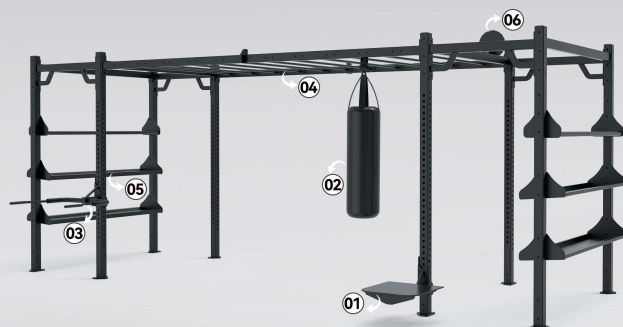
- ① Free Squat rack * 4 sets
- ② Pull-up Training * 4 sets
- ③ TRX Training * 7 sets
- ④ Climbing Training Station * 1 set
- ⑤ 45° Climbing Training Station * 1 set

Product details

Size (mm) : 5540*2480*2970
N.W. (kg) : 570KG(This weight does not include the Olympic bar and barbell.
If you need, please purchase it separately.)

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SH04D



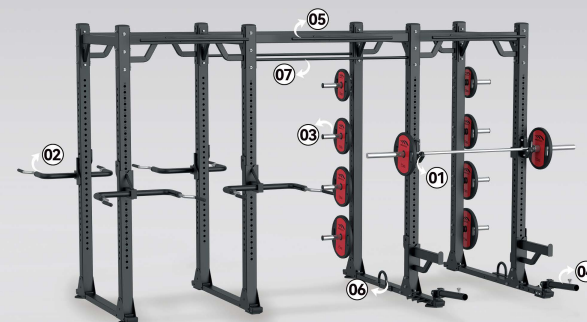
Main Functions

- ❶ Diving Platform * 1 set
- ❷ Sandbag* 1 set
- ❸ Dip Training * 1 set
- ❹ Climbing Training Station * 1 set
- ❺ Storage Rack * 6 sets
- ❻ Ball target * 5 sets

Product details

Size (mm) : 6290*2030*2415
N.W. (kg) : 532KG(This weight does not include the Olympic bar and barbell.
If you need, please purchase it separately.)

SH03D



Main Functions

- ❶ Free Squat rack * 1 set
- ❷ Dip Training * 4 sets
- ❸ Hanging Bar * 8 sets
- ❹ Power rod *2 sets
- ❺ Pull-up Training * 6 sets
- ❻ Rope Hook * 2 sets
- ❼ TRX Training* 2 Sets

Product details

Size (mm) : 4695*3005*2545
N.W. (kg) : 655KG(This weight does not include the Olympic bar and barbell.
If you need, please purchase it separately.)

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SH04A



Main Functions

- ① Free Squat rack * 2 sets
- ② Barbell Rack * 2 sets
- ③ Storage Rack* 6 sets
- ④ Pull-up Training * 2 sets

Product details

Size (mm) : 4012*1770*2415
N.W. (k g) : 550KG(This weight does not include the Olympic bar and barbell.
If you need, please purchase it separately.)

SH01



Main Functions

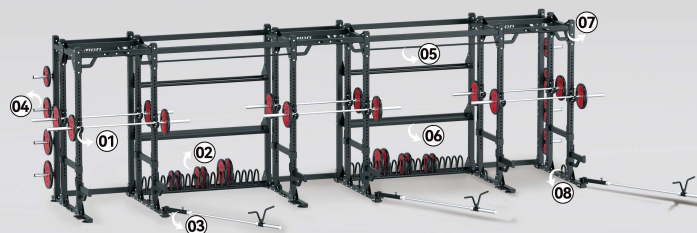
- ① Free Squat rack * 4 sets
- ② Smith Train * 2 sets
- ③ Pull-up Training * 8 sets
- ④ TRX Training* 13 sets
- ⑤ Dip Train* 1 set
- ⑥ Climbing Training Station *2 sets
- ⑦ Power rod * 1 set
- ⑧ Storage Rack * 2 sets
- ⑨ Dumbbell Rack * 1 set

Product details

Size (mm) : 10490*2455*2435
N.W. (k g) : 1045KG(This weight does not include the Olympic bar and barbell.
If you need, please purchase it separately.)

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SH03A



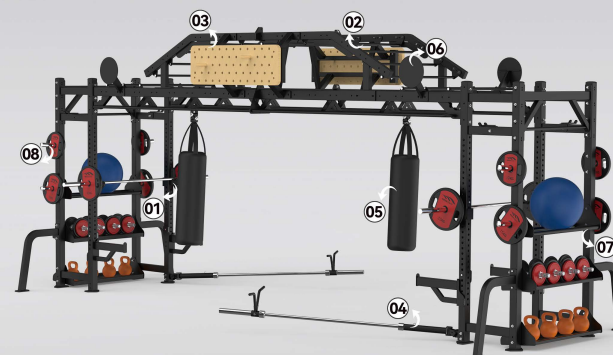
Main Functions

- ① Free Squat rack * 6 sets
- ② Barbell Rack * 2 sets
- ③ Power rod * 3 sets
- ④ Hanging Bar * 8 sets
- ⑤ TRX Training * 2 sets
- ⑥ Storage Rack * 4 sets
- ⑦ Pull-up Training * 3 sets
- ⑧ Rope Hook * 6 sets

Product details

Size (mm) : 8600*1935*2525
N.W. (kg) : 1155KG(This weight does not include the Olympic bar and barbell.
If you need, please purchase it separately.)

SH04E



Main Functions

- ① Free Squat rack * 2 sets
- ② Ladder * 1 set
- ③ Rock-climbing Rack * 2 sets
- ④ Barbell Rack * 2 sets
- ⑤ Sandbag * 2 sets
- ⑥ Ball target * 4 sets
- ⑦ Storage Rack * 6 sets
- ⑧ Hanging Bar * 12 sets

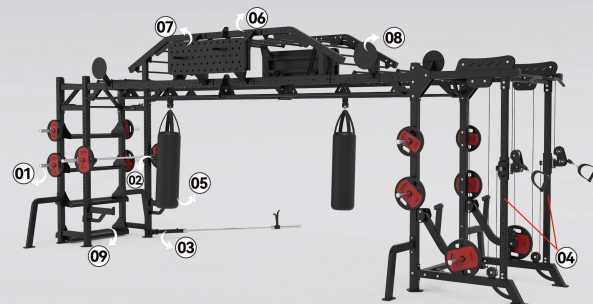
Product details

Size (mm) : 6920*2550*2980
N.W. (kg) : 780KG(This weight does not include the Olympic bar and barbell.
If you need, please purchase it separately.)

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SH04H



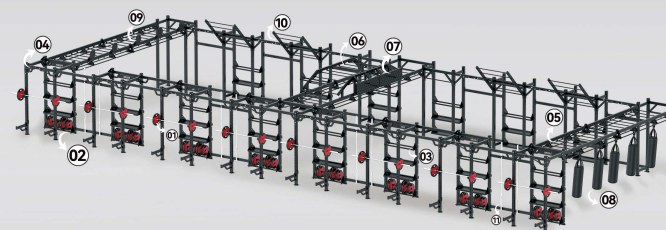
Main Functions

- ① Hanging Bar * 8 sets
- ② Free Squat rack * 1 set
- ③ Barbell Rack * 1 set
- ④ Crossover Cable
- ⑤ Sandbag* 2 sets
- ⑥ Ladder* 1 set
- ⑦ Rock-climbing Rack * 2 sets
- ⑧ Ball target * 4 sets
- ⑨ Storage Rack * 4 sets

Product details

Size (mm) : 7500*2550*2980
N.W. (kg) : 845KG(This weight does not include the Olympic bar and barbell.
If you need, please purchase it separately.)

SH04C



Main Functions

- ① Free Squat rack * 8 sets
- ② Barbell Rack * 8 sets
- ③ Storage Rack * 42 sets
- ④ Pull-up Training * 20 sets
- ⑤ Climbing Training Station * 2 sets
- ⑥ Ladder* 1 set
- ⑦ Rock-climbing Rack * 1 set
- ⑧ Sandbag* 5 sets
- ⑨ Ball target * 5 sets
- ⑩ 45° Climbing Training Station * 4 sets
- ⑪ Power rod * 2 sets

Product details

Size (mm) : 20475*8460*2960
N.W. (kg) : 4800KG(This weight does not include the Olympic bar and barbell.
If you need, please purchase it separately.)